

Bendigo Region - Athletics Victoria

Session at a Glance @ 21st September 2019

Day	Date	Month	Bendigo	Comment	Comment	State - National Event
Fri	27	September	Grand Final Eve			
Tue	1	October	Parker Electrical Tuesday Runs		3000m	
Sat	5	October	Round 1	P2		Magpie Multis
Sun	6	October				Magpie Multis
Tue	8	October	Parker Electrical Tuesday Runs		3000m	
Sat	12	October	Round 2	P1		
Tue	15	October	Parker Electrical Tuesday Runs		5000m	
Sat	19	October	Round 3	P2		
Tue	22	October	Parker Electrical Tuesday Runs		3000m	
Sat	26	October	Non Shield	P1		Vic Allschools W1
Sun	27	October				Vic Allschools W1
Tue	29	October	Parker Electrical Tuesday Runs		5000m	
Thu	31	October	Flack Advisory Distance Series Race 1		800 metres	
Sat	2	November	Non Shield	P2		Vic Allschools W2
Sun	3	November				Vic Allschools W2
Tue	5	November	Parker Electrical Tuesday Runs		Melbourne Cup 3200m Handicap	
Sat	9	November	Round 4	Relay Round		
Tue	12	November	Parker Electrical Tuesday Runs		3000m	
Thu	14	November	Flack Advisory Distance Series Race 2		1000 metres	
Sat	16	November	Round 5	P2		
Tue	19	November	Parker Electrical Tuesday Runs		10000m Leigh Purtilt Championships	
Sat	23	November				State Relays/LAVIC Region Relays
Sun	24	November				LAVIC Region Relays
Tue	26	November	Parker Electrical Tuesday Runs		3000m	
Thu	28	November	Flack Advisory Distance Series Race 3		800 metres	
Sat	30	November	Round 6	P1		
Tue	3	December	Parker Electrical Tuesday Runs		5000m Jack Davey Championships	
Fri	6	December				Aus Allschools Perth
Sat	7	December	Non Shield Pentathlons	4 x 800		Aus Allschools Perth
Sun	8	December				Aus Allschools Perth
Tue	10	December	Parker Electrical Tuesday Runs		3000m	
Thu	12	December	Flack Advisory Distance Series Race 4		1200 metres	
Fri	13	December				
Sat	14	December	Round 7 - Brunch 10:00am	Nitro Round		LAVIC Relays - Zatopek
Tue	17	December	Parker Electrical Tuesday Runs		3000m	
Thu	19	December	Flack Advisory Distance Series Race 5		1000 metres	
Sat	21	December	Round 8	P1		



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Day	Date	Month	Bendigo	Comment	Comment	State - National Event
Sat	4	January				Vic Multis Bendigo
Sun	5	January				Vic Multis Bendigo
Tue	7	January	Parker Electrical Tuesday Runs		3000m	
Thu	9	January	Flack Advisory Distance Series Race 6		800 metres	
Sat	11	January	Round 9 - Night	P2		
Tue	14	January	Parker Electrical Tuesday Runs		5000m	
Thu	16	January	Flack Advisory Distance Series Race 7		1000 metres	
Sat	18	January	Round 10 - Night	P1		
Tue	21	January	Parker Electrical Tuesday Runs		3000m	
Sat	25	January				VCAC - Geelong
Sun	26	January				VCAC - Geelong
Mon	27	January				VCAC - Geelong
Tue	28	January	Parker Electrical Tuesday Runs		3000m	
Thu	30	January	Flack Advisory Distance Series Race 8		1200 metres	
Sat	1	February	Round 11	P2		LAVIC Multis
Sun	2	February				LAVIC Multis
Tue	4	February	Parker Electrical Tuesday Runs		5000m	
Thu	6	February	Flack Advisory Distance Series Race 9		800 metres	
Sat	8	February	Round 12	P1		
Tue	11	February	Parker Electrical Tuesday Runs		3000m	
Fri	14	February	Non Shield	P2 4 x 1500		
Sat	15	February				LAVIC Regionals Bendigo
Sun	16	February				LAVIC Regionals Bendigo
Tue	18	February	Parker Electrical Tuesday Runs		3000m	
Thu	20	February	Flack Advisory Distance Series Race 10		1000 metres	
Sat	22	February	Shield Final			
Tue	25	February	Parker Electrical Tuesday Runs		5000m	
Thu	27	February	Flack Advisory Distance Series Final		1000 metres	
Fri	28	February				Vic Champs WE 1
Sat	29	February	Non Shield	P1		Vic Champs WE 1
Sun	1	March				Vic Champs WE 1
Tue	3	March	Parker Electrical Tuesday Runs		3000m	
Fri	6	March				Vic Champs WE 2
Sat	7	March			Madison	Vic Champs WE 2
Sun	8	March			Madison	Vic Champs WE 2
Tue	10	March	Parker Electrical Tuesday Runs		3000m	
Sat	14	March			Victorian Masters Bendigo	LAVIC Champs
Sun	15	March			Victorian Masters Bendigo	LAVIC Champs
Tue	17	March	Parker Electrical Tuesday Runs		5000m	
Sat	21	March	Non Shield	P2		Nationals Sydney
Sun	22	March				Nationals Sydney
Mon	23	March				Nationals Sydney
Tue	24	March	Parker Electrical Tuesday Runs		3000m	Nationals Sydney
Wed	25	March				Nationals Sydney
Thu	26	March				Nationals Sydney
Fri	27	March				Nationals Sydney
Sat	28	March				Nationals Sydney
Sun	29	March				Nationals Sydney

