

SOUTH BENDIGO ATHLETIC CLUB – RUN 2

GOLF COURSE ROAD, EPSOM 13/4/2019

On Saturday, the Champion's Supa IGA's South Bendigo Athletic Club held their second event of the season with their largest turnout of runners seen for quite some time. In total, 87 runners took to the track which was a tremendous turn out where we saw more runners than spectators on the day.

Also in attendance, we had a special appearance by Austrian based David Purdon who was a former club President and World Icosathlon (double decathlon) champion. He enjoyed catching up with runners he hadn't seen for some time and commented that after 15 years, he still has a Tickell runner starting behind him. He also displayed a newly seen running fashion; however local runners are hoping this style of running gear doesn't catch on in Australia.

The Golf Course Road track is quite deceiving with a slow and windy ascent which challenges runners with tired legs on the way back. Matt Barkla was in great form in the **Reilly's Home Appliances 5km** coming across the line first with Jesse Noden finishing with the fastest time of 18.21 followed closely by Yazmin Hayes as the fastest female (19.52).

One of our new sponsors, **Fountain Health Foods** was in attendance to see the **Fountain Health Foods 3km** being run in which we saw Tony Fahy take line honours with a time of 20.07. Young Megan Wilson with a time of 12.53 was the fastest female on the day with Logan Tickell coming in as the Fastest Time (10.35) for the second week in a row.

The third race of the day was the **Bendigo Toyworld 800m** and again it was great to see the number of new runners on the day. The majority of the field was on the younger side, but they still managed to finish and cross the line with energy to spare. On the day, Alfred Cunningham was the fastest male with a time of 3.24 and Kate Wilson with her arm in a cast, achieved the fastest time of 3.09.

It had warmed up considerably by the time the **Intersports Bicknell's 1500m** was run and as we saw last week, many runners fronted up for their second run of the day. We had some great times and last minute sprints to the line, however line honours on the day went to Nathan Brennan with a time of 9.07. Will Noden produced the fastest time of 4.45 and Anna deVrieze was the fastest female with 5.39. Handicapping was quite close this week with several runners coming across the line at once.

The club would like to welcome and congratulate the Cunningham Family, Bron and Tony McQueen, Lily Brennan and Adison Colbert on their first run with the South Bendigo Athletic Club and we hope to see you again at the next club run.

We are having a break over the Easter weekend, so our next Club run is on Saturday 27th April to be held at Victa Rd, East Bendigo. Runners of any level of fitness are welcome to join. If you would like more information about the club, please call Peter on 0417 684 306 or visit the South Bendigo Athletic Club facebook page.

Results Club Run #2

Reilly's Home Appliances 5km: <http://www.reillyshomeappliances.com.au/> Matt Barkla 22.51, Will Noden 18.34, Trevor Kelly 19.16, Gabrielle Rushbridge 22.56, Peter Noden 20.31, Jackie Guillou 26.15, Josh Ketterer 20.28, David Purdon 19.50, Dylan Stanyer 28.10, Hunter Gill 24.31, Leigh Browell 22.42, Daniel Plowright 18.48, Aaron Norton 22.09, Jesse Noden 18.21 (Fastest Time), Yazmin Hayes 19.52 (Fastest Female), Sophie Hawken 23.24, Nicole Gillingham 26.05, Peter Curtis 24.14, Eli Pearce 23.10, Lara Pearce 29.27.

Fountain Health Foods 3km: <https://www.facebook.com/fountainhealthfoods/> Tony Fahy 20.07, Albert Cunningham 13.46, Tony McQueen 12.38, Jack Ketterer 13.49, Genevieve Nihill 13.16, Edward Cunningham 13.37, Amanda Worthington 14.59, Megan Wilson 12.53 (Fastest Female), Claude Guillou 14.03, Allie Guillou 13.59, Logan Tickell 10.35 (Fastest Time), Sam Noden 12.43, Zahli Drummond 13.09, Carol Coad 16.53, Sarah Ketterer 14.52, Peter LeBusque 13.44, Belle Guillou 14.22, Kai Pearce 14.38, Caitlin Campbell 14.54, Damian Pearce 14.04, Peter Hayes 17.53, Annette Curtis 21.11.

Bendigo Toyworld 800m: <https://www.toyworld.com.au/stores/71/toyworld-bendigo> Drake Barkla 5.27, Cody Pearce 5.49, Adison Colbert 4.50, Alfred Cunningham 3.24 (Fastest Male), Kate Wilson 3.09 (Fastest Time), Caleb Marron 4.00, Dylan Marron 5.02, Bevan Smart 3.35, Charlise McQueen 3.24, Lincon Andrea 3.51, Tate McQueen 3.58, Dustin Ketterer 3.33, Shay Pearce 5.19, Alirah Norton 5.38, Ruby Douglass 4.47, Lily Brennan 4.59, Gemma Tuena 9.06, Percy Ketterer DNF.

Intersports Bicknell's 1500m: <http://www.bicknells.com.au/> Nathan Brennan 9.07, Olivia Douglass 7.38, Jack Ketterer 6.14, Genevieve Nihill 6.05, Will Noden 4.45 (Fastest Time), Josh Ketterer 5.24, Kylie Campbell 9.05, Daniel Plowright 5.11, Lincon Andrea 7.22, Tate McQueen 7.23, Megan Wilson 5.50, Chelsea Tickell 6.00, Logan Tickell 5.00, Keira McQueen 7.40, John Justice 7.57, Joan Self 9.13, Anna deVrieze 5.39 (Fastest Female), Sebastyn Andre 5.21, Kate Wilson 6.43, Dustin Ketterer 6.43, Ebony Whiley 7.52, Aaron Norton 5.56, Rick Ermel 6.04, Charlise McQueen 6.52, Bron McQueen 8.33, Caitlin Campbell 7.08, Kai Norton 8.54.