

SOUTH BENDIGO ATHLETIC CLUB
CLUB RUN 8 LANDRY'S ROAD, LOCKWOOD 15/6/2019

The Champion's IGA South Bendigo Athletics Club held their 8th Cross Country run this season at Landry's Rd with 58 runners starting across the four races. The traditional south-west course was swamp like due to the recent rain, so it left only one option to send 3 of the 4 races north up the towering peaks. Only the 3km event remained on the wet path, which was met with no objections compared to the hills.

In the long race, the **Reilly's Home Appliances 8000m**, Jackie Guillou secured her first victory for 2019, while returning club member Nicole Gillingham also snagged a maiden season place with the victors rounded out by Josh Ketterer.

The **Fountain Health Foods 3000m** middle distance race had invitation athlete Mack Skinner cross the line first for his first run with the club with the first member across the line on the day was Kylie Campbell who also took out her first win for 2019. Carol Coad showed glimpses of yesteryear to produce an excellent 16.43 to take second and Sarah Ketterer made it a ladies trifecta finishing third.

A strong field of under 10's in the **Bendigo Toyworld 800m** took to the hills, but it was Lily Brennan who conquered the Bendigo Himalayas to take her maiden club victory, Tate McQueen finished strong to be second overall ahead of another first-year runner Bevan Smart.

In the **Intersports Bicknell's 1500m**, athletes then had their turn to tackle the local Everest dual peaks with Kai Norton returning from soccer endeavours to take the victory. Sandra Giampietro tried valiantly to make it a perfect day for the girls but pulled up just short of the win and third place fell into the hands of Tate having his second place of the day.

The Champion's IGA South Bendigo Athletics Club next club run is at Millers Flat Rd, Whipstick with an 8km, 3km, 1.5km and 800m. For any interested new runners, please contact Peter on 0417 684 306 or visit the South Bendigo Athletic Club facebook page for further information.

RESULTS

Reilly's Home Appliances 8000m- Jackie Guillou 43.53, Nicole Gillingham 43.07 (Fastest Female), Josh Ketterer 33.49, Daniel Plowright 31.21 (Fastest Time), Matt Barkla 36.55, Will Noden 32.16, Peter LeBusque 39.19, Angela Nuss 46.01 (NEW), Peter Curtis Jnr 43.03.

Fountain Health Foods 3000m- Mack Skinner 13.25 (NEW), Kylie Campbell 19.22, Carol Coad 16.43, Sarah Ketterer 14.56, Simon Nihill 15.50, Tony McQueen 12.11 (Fastest Time), Isabell Nihill 13.28, Genevieve Nihill 12.25 (Fastest Female), Annette Curtis 20.35, Peter Hayes 18.07, Matt Sheldon 15.31, Neil Bowe 15.34, Lara Pearce 16.06, Belle Guillou 14.26, Caitlin Campbell 14.04, Claude Guillou 15.03, Amanda Worthington 15.31, Allie Guillou 14.43.

Bendigo Toyworld 800m- Lily Brennan 4.01, Tate McQueen 3.46, Bevan Smart 3.40, Charlise McQueen 3.26, Brady Sheldon 3.24 (Fastest Male), Kate Wilson 3.09 (Fastest Time), Drake Barkla 5.17, Alirah Norton 5.31, Shay Pearce 6.38, Cody Pearce 10.27.

Intersports Bicknell's 1500m- Kai Norton 7.15, Sandra Giampietro 10.56, Tate McQueen 7.33, Kate Wilson 6.31, Charlise McQueen 6.50, Jack Ketterer 6.16, Lara Pearce 7.46, Madison Bryce 8.33, Brady Sheldon 6.49, Chelsea Tickell 6.15, Genevieve Nihill 6.03 (Fastest Female), Daniel Plowright 5.35 (Fastest Time), Bron McQueen 8.29, Aaron Norton 6.00, John Justice 8.17, Gary Mahon 9.55, Lyla Gillingham 8.16, Kiera McQueen 8.22, Bodie Gillingham 8.54, Matt Barkla 9.08, Nathan Brennan DNF, Will Noden DNS.