



South Bendigo Athletic Club 2022 Club Run 9

Notleys Camping Ground, Whipstick

Saturday 2nd July was sunny day with very cool breeze that took the South Bendigo runners out to Notley's Camping Ground in the Whipstick. It's an undulating course with a 1km uphill at the beginning. Back to the handicap start for both the 3 and 10km courses, meaning the faster runners had a slightly longer wait in the cool breeze, just to make an extra challenge. Good results from the 3 and 10km runners with some improving on their times. The 1km downhill at the finish always welcome to help people finish strongly.

The 1500m proved to be a close finish again with Gary not wanting to many of the youngsters passing him. Again, we saw our short course runners improving their times. Gratitude is extended, as always to our kind sponsors, whom without, the races could not be run in the same fantastic environment.

Don't forget our club relay is coming up soon, so register your interest. This will be run at the Athletics track. Also, the Woodvale classic invitational is also on the horizon, so let anyone you think might be interested know to come along for a great day.



10km

1. Greg Hilson – 40.57 2. Simone Butler – 55.33 (fastest female) 3. Aaron Norton – 42.44.

Brendan Hillier 51.39, Peter Curtis Jnr 52.16, Daniel Plowright (fastest time) 40.06, Kirsty Seipolt 56.27 and Jackie Guillou 58.13.



3km

1. Michele Fynch – 15.10 2. Gracie Seipolt - 19.30 3. Peter Hayes – 18.14.

Leigh Browell 14.39, Sophie Hawken 14.10, Chelsie Tickell 11.57, Belle Guillou 12.49, Oliver Muggleton 11.58, Tyler Finch 11.43, Genevieve Nhill 11.55 (fastest female), Allie Guillou 13.10, Thomas McArthur 11.04 (fastest time), Peta Dawe 18.15, Christine Leatham 20.31 and Simon Nhill 15.49.



1500m

1. Piper Fynch – 7.25 2. Leigh Browell – 6.47 3. Gary Mahon – 13.48

Tyler Fynch 5.36, Jonathon Maslunka 6.56, Daniel Plowright 5.25 (fastest Time), Annette Curtis 11.05, Allie Guillou 6.10, John Justice 8.05, Bevan Smart 6.01, Peta Dawe 8.38, Rachel Maslunka 7.25, Belle Guillou 6.02 (fastest female), Gracie Seipolt 9.27, Ned Bowe 7.29 Peyton Bish 7.56, Donna Bowe 9.51.

Under 10 Curtis Family

1. Ivy Brennan – 7.06 2. Ned Bowe – 7.53

Raffle: Thanks to Brendan Hiller who donated the raffle prizes.

Winners: Thomas McArthur, Curtis Family and Jenny McArthur

