

The Champions Supa IGA South Bendigo Cross Country Club run no.4 was held this Saturday at Notleys Reserve Whipstick. Sunny conditions were welcomed by the runners, after last weeks cold weather.

In the 6500m, first time runner Thomas Seipolt came in first place, followed by Greg Hilson and Dave Box. Fastest Time went to Zackery Tickell and Fastest Female honours were to Kirsty Seipolt.

The 3000m, saw 16 runners start with Kaden Gillingham reacting the line first. Donna Bowe and Tony McQueen rounded up the other placings. Kaden also delivered the fastest time for the day and Belle Guillou was fastest for the females.

The Under 10's 800m, saw Ivy Brennan winning her second race this season, Ned Bowe was second, and Bodie Gillingham third. Gemma Tuena was the fastest female in the race and Tate McQueen the fastest overall.

The 1500m saw the largest field of 21 runners. Long time club member John Justice was able to hold off young Runner Ned Bowe for first place, and Bron McQueen rounded the day up nicely for the McQueen Family in third place. Daniel Plowright ran the fastest overall time and Caitlin Campbell was the fastest Female for the distance.

The next club run will be held next Saturday the 29th of May at Crusoe no.7 Park. Distances are 6.5km, 4km, 2km and 1km. For more information head to our Website, Facebook page or Contact Leigh Browell.

Reilly's Designer Appliances 6500m: Thomas Seipolt 30.58, Greg Hilson 26.20, Dave Box 29.19, Kirsty Seipolt 33.18 (Fastest Female), Daniel Plowright 25.23, Keely Trew 38.17, Zackery Tickell 25.16 (Fastest Time), Jackie Guillou 36.38, Dylan Stanyer 34.54, Sophie Hawken 34.05.

3T Fitness 3000m: Kaden Gillingham 11.44 (Fastest Time), Donna Bowe 18.59, Tony McQueen 12.20, Caitlin Campbell 13.04, Belle Guillou 12.56 (Fastest Female), Amanda Worthington 15.39, Tate McQueen 13.21, Charlise McQueen 13.25, Nicole Gillingham 18.41, Carol Coad 17.00, Gracie Seipolt 21.56, Jason Seipolt 17.43, Allie Guillou 13.20, Peter Hayes 17.38, Leigh Browell 14.41, Gary Mahon 27.12.

Curtis Family 800m: Ivy Brennan 5.34, Ned Bowe 3.55, Bodie Gillingham 3.51, Gemma Tuena 4.52 (Fastest Female), Tate McQueen 3.24 (Fastest Time), Jed Gillingham 5.33, Peter Curtis 10.16.

Intersport Bicknell's 1500m: John Justice 8.06, Ned Bowe 7.51, Bron McQueen 7.58, Sarah Lias 8.45, Courtney Campbell 6.56, Charlise McQueen 6.34, Bevan Smart 7.00, Peter LeBusque 6.41, Caitlyn Curtis 9.58, Daniel Plowright 5.33 (Fastest Time), Leigh Browell 6.47, Caitlin Campbell 6.20 (Fastest Female), Kyle Hilson 6.59, Bella Smart 8.41, Abby Smart 9.27, Gary Mahon 11.28, Lyla Gillingham 8.54, Nathan Brennan 7.49, Gracie Seipolt 10.30, Kylie Campbell 11.02, Peter Curtis 9.21.